

Testimonial of your short-term stay abroad

Please submit in English or otherwise in German. Please share your experiences on the following aspects of your stay. The provided bullets below serve as a guide to describe your stay abroad, please replace and use your own words. Please keep a max. of 400 characters per box. Please send back as a docx.-file.

Stay details

- Vitus Zenz, vitus.zenz@th-rosenheim.de
- F&E PhD-Student
- ANTEC 2023, SPE
- Denver, USA
- March 2023

Preparation

How did you prepare your stay?

The ANTEC Conference is one of the three major international conferences in the plastics industry. Therefore I applied for a presentation spot in November with an initial rejection due to a high number of applicants. However after a few weeks they offered a spot to me due to reorganisation of the presentations. After that I planned my stay together with my Professor Strübbe and organized a flight as well as the hotel.



Accommodation

How did you organise your accommodation?

The accommodation was chosen to be the hotel where the conference was hosted at. This had the advantage of spending more time at the conference due to short ways. It was organized by calling the hotel and using the special rate that was granted for speakers and attendees of the conference.

Programme at host university

How did you learn during your stay at the host university?

We attended several sessions that were organized by the conference in order to learn more about the current state in plastics processing and material development.
I can thoroughly recommend this conference to be interesting and insightful for your own academic career.



Leisure activities

How was your leisure time and what did you do?

We had 3 days before the Conference for sightseeing and leisure activities. In the first day, we checked into the hotel and did some sightseeing in the city. We visited 3 different museums including the art museum, the aquarium and more. At the second day we rented a car to drive up to boulder and check out the thriving student city. We did a small hike at the feet of the rocky mountain and visited the natural amphitheatre. The third day we visited some more museums like the natural history museum and went dining in the evening.

Summary of the stay abroad

Overall, how do you look back on your stay abroad?

The experience to attend a high-class international conference was very special to me and I'm very grateful for the opportunity I got. Not only could I improve my presenting skills and really put them to the test in a high-stakes environment, after the presentation I gained a lot of confidence in my skills. Furthermore the interactions with other PhD-Students and scientists was very insightful and really extended my knowledge and experience. Therefore I can only recommend to attend such a big conference for self-development as an inspiring professional.

